

# SPRING

neohasid.org's  
One-Page Save-The-Trees  
Tu Bish'vat Haggadah

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## The Four Worlds:

### World of Emanation

*Chokhmah* Wisdom

Unity with all

inter-breathing

symbiogenesis

### World of Creation

*Binah* Understanding

Open on all levels

eating nourishes seed

symbiosis

### World of Formation

*Tiferet* Beauty

Inner defenses

eating casts away seed

mutualism

### World of Doing

*Malkhut* Reign

*Shekhinah* Presence

Outer defenses

eating destroys seed

commensuralism

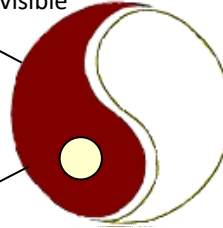
אצילות  
*Atsilut*

י

8. Beyond physical fruit

scents: cinnamon, bay leaf, cedar, sage  
tree essences: maple syrup, scotch

bacteria, archaea, protist:  
invisible



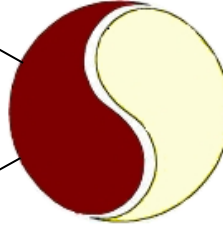
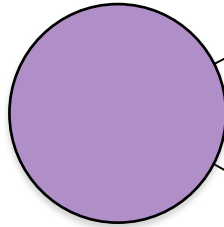
בריאה *Briyah*

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6. Completely edible fruit

apple, berry, orange, grape, fig, etc.

fungus: only fruit visible



7. Red with a drop of white

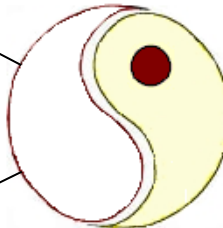
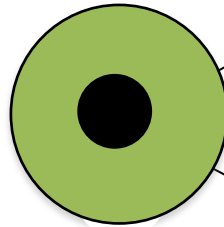
יצירה *Yetsirah*

ו

4. Fruit with pit

olive, date, avocado, cherry, etc.

plant: roots invisible



5. Half red half white

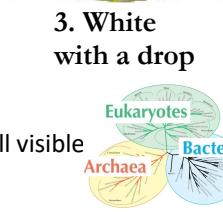
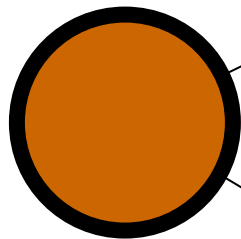
עשיה *Asiyah*

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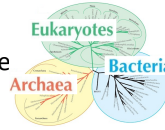
2. Fruit with inedible shell

almond, coconut, pomegranate, etc.

animal: all visible



3. White with a drop



1. White wine

## Four Levels of Meaning:

סוד *Sod*  
Secret, Mystical

spirit

Fire/Light

דרש *Drash*  
Mythic

intellect

Air

*All-Purpose Traditional Blessing  
After Eating (Borei N'fashot):*

Blessed be You *YHVH-Yah-Adonai* our God  
Ruler of all space and time, Who creates many  
living souls, all of them with needs, for all that  
You created. In their need for each other, the  
soul of every life and All Life comes alive.

Blessed be the Life of the Worlds!

**בְּרוּךְ חַי הָעוֹלָמִים!**

רמז *Remez*  
Moral, Allegory

emotions

Water

פשט *P'shat*  
Simple, Literal

body

Earth

# WINTER

(start)

Simplified chart. Versions with blessings, + more  
resources: [neohasid.org/resources/tu\\_bishvat/](http://neohasid.org/resources/tu_bishvat/)  
Donations: venmo @David-RM-Seidenberg

